

Name: _____

When thinking about how you were feeling and when, jot down your ideas. Then go back and see if you can add some more details. This will make writing your piece much easier!

The feeling/emotion: _____

What color is the emotion?

Where do you see the emotion?

What does the emotion remind you of?

What kind of weather do you associate with the emotion?
(describe in detail!)

If you were going to travel somewhere, where would you see this emotion? (describe in detail)

Who does the emotion remind you of? (describe in detail)

What kind of animal is the emotion?

List other things the emotion reminds you of on the back.

The place where I felt the emotion: _____

What specific time of day were you there?

What were you sitting on? (4 vivid adjectives)

What were you wearing? (3 describing phrases)

Who was with you?

What were you supposed to be doing there? (action verbs!)

What else was going on? (action verbs!)